

Patient Product Information

BIOGIT®

(Saccharomyces boulardii- India's First Probiotic Yeast)

Generic name: [Saccharomyces boulardii, (Granular)]

Read this information with care before getting BIOGIT®

1. What is BIOGIT® and what is it used for?

Biogit contains Saccharomyces boulardii, a probiotic that restores the natural gut flora and helps to fight disease causing organisms in the gut such as bacteria and yeast. It is most commonly used for treating and preventing diarrhea, and is possibly effective:

- For the treatment and prevention of acute diarrhea
- For the treatment and prevention of antibiotic associated diarrhoea
- For irritable bowel syndrome associated diarrhea
- For Clostridium difficile associated diarrhea
- As adjuvant therapy for Helicobacter pylori eradication

2. What are the important aspects to note before administering BIOGIT®?

Please inform your healthcare provider before consuming the BIOGIT if the:

- Patient is critically ill or immunocompromised
- Patient is with central venous catheter or receiving tube feeding
- Patient is consuming antifungal agents
- Patient is pregnant and/or breast feeding
- Patient is elderly
- Patient is allergic to yeast

3. How is BIOGIT® administered?

The dosage of BIOGIT for diarrhea is 1-2 sachets per day. It should be taken orally, directly or mixed with water or beverage. It should not be mixed in hot liquids or liquids which contain alcohol. Please consult your doctor for complete dosage details. It can be taken before or after food.

4. What are the possible side effects from administering BIOGIT®?

Temporary increase in digestive gas is known to occur.

Rarely, it might cause Fungemia (fungal infections that can spread through the blood)